



September 9, 2020 - 20 Elul 5780

This week the Goldman Family Preschool opened for the 2020-2021 school year. Our teachers were so excited to welcome the children back, and it was great to see old and new friends greeting one another [with glee!](#)

Next week, we will kickoff our new program for elementary students, "J All Day," which has been designed to meet the needs of students in hybrid schooling this fall. We are looking for a [part-time teacher](#), as well as subs for the year; if you or anyone you know might be interested in helping to staff the program on a part-time basis, please get in touch with us!

Tomorrow night we'll gather to review the past year at our [Annual Meeting](#), and next week, we'll release our 2019-2020 Annual Report electronically. We'll be announcing the J's fall programming lineup soon, and you should have a Yearbook in your mailbox within the week (if you don't receive one, please let us know!) While it has been a year of change and challenges, we have much to celebrate, and so many reasons to give thanks!

If you haven't yet had a chance, please check out our **J Talks** interview series with local Rabbis, leaders and community members! They are available as both [podcast](#) and [video](#), and provide a rich opportunity to learn more about some of the amazing folks who make our community so wonderful.

L'shalom,

Molly Curren Rowles
Executive Director

JCA PROGRAMS



JCA Annual Meeting 2020 **Thursday, September 10th at 5:30 PM**

Please join the J for our Annual Meeting, where we'll celebrate community award winners, review the past year, and discuss exciting new initiatives!

This year we'll meet online via Zoom. The meeting is open to all, but registration is required. Once you register, you will be emailed a link to attend. We hope to see you on September 10th!

Register at:

<https://mainejewish.z2systems.com/np/client/mainejewish/eventRegistration.jsp?event=73454>

Outdoor Yoga in Payson Park



With Ashley Flowers
Wednesdays, 5:20 - 6:20 PM
Starting Sept 9th
\$30 for 4 weeks

Feel your feet on the earth. Reach your hands to the sky. Let your soul expand. All-levels, in-person, outdoor yoga classes in Payson Park offer movement, breath, intention, ample space for social distancing, and lots of fresh air. Exact location within Payson Park is sent out via email after registration. **Please arrive wearing your mask and continue to wear it for the duration of class.**

Register at:

<https://www.ashleyflowersyoga.com/schedule/outdoor-yoga/>



Rosh Hashana Activity Kits **Free from PJ Library and the JCA**

It's a sweet new year with PJ Library! Celebrate Rosh Hashanah with kits filled with crafts and activities for families to do together. The activities are geared toward children 3-8 years old. We hope your family is inspired for a sweet and meaningful holiday. Happy new year from PJ Library in Southern Maine and the JCA! Free while supplies last, one kit per family.

Sign up required at:

<https://forms.gle/2N4oVqdfDC42cHuJ7>

Pick up at the JCA. (Sign up for a pick up time using the form link above).

- Thursday, Sept. 10th from 5:15-6:15 PM
- Friday, Sept. 11th from 8:30-9:30 AM
- Friday, Sept. 11th from 12:30-1:30 PM

The Communal Kvell **Wednesday, September 16th at 1:30 PM**

We are so excited to invite you to join Jewish communities from around North America in this rare celebration. Connect with like-minded people from across the Federation Movement and hear about the impact you've had at the JCA and beyond.

Once you've donated or have pledged to donate a minimum gift of \$18 to the JCA 2020 Annual Campaign, you will receive the link to register for this special virtual event. And it wouldn't be a party without our celebrity guests — **the Levy family from Schitt's Creek!**

Donate now to receive your link:

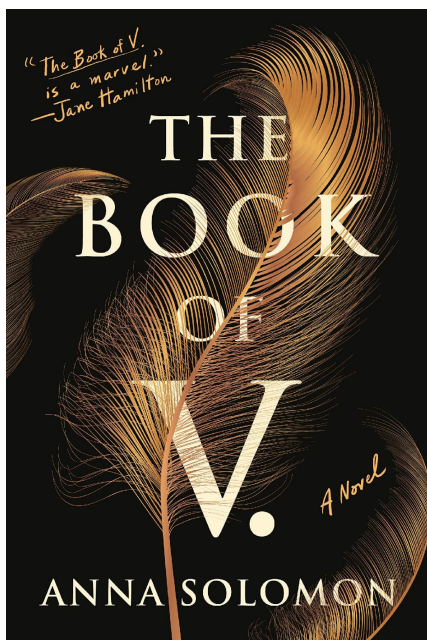
<https://mainejewish.z2systems.com/np/client/mainejewish/donation.jsp?>



Michael Klahr Jewish Family Services
4th Annual Stuff-A-Truck Parade!
Wednesday, September 23, 6:00 PM
1342 Congress Street, Portland

KJFS hopes to collect 10,000 diapers to support local families experiencing diaper need and we need YOUR help!

Please join us, PJ Library, Brie's Best Guests and more while you safely drop-off your diaper donations and enjoy a leisurely drive through the JCA parking lot! We'll have special guests to greet you and activities to take home. We can't wait to see you!



JCA Online Book Group discusses *The Book of V.* by Anna Solomon
Facilitated by Fionna Nilsson
Thursday, October 15th at 7:00 PM

Join the JCA Book Group for a virtual discussion of *The Book of V.* by Anna Solomon, facilitated by Fionna Nilsson via Zoom. *This is a meeting of the JCA book club. Please note that we will be hosting Anna Solomon for an author talk on her book live via Zoom in February 2021.

Book group participation is free. The book is available locally at [Longfellow Books](#).

Advanced registration required by
Weds. 10/14 to receive the Zoom
session link.



For the month of September, every time the reusable \$2.50 *Fight Hunger Bag* is sold at the [Hannaford](#) store located at - **99 Main Street, Gorham, ME** - Michael Klahr Jewish Family Services will receive a \$1 donation. Fight Hunger Bags Sold = Donations Raised! Please join us in helping to reduce waste, while also supporting KJFS this September!

COMMUNITY PROGRAMS



Those Who Remained - Free film streaming and discussion

*Presented by the
Maine Jewish Film Festival*

Film streaming:

**Friday, Sept. 11 at 12 noon through
Sunday, September 13 at 7 PM.**

Zoom discussion with filmmaker

Barnabás Tóth:

Sunday, Sept. 13th at 2 PM

Two traumatized Holocaust survivors form a tenuous bond in this exquisitely crafted Hungarian drama. Having lost his family, a middle-aged doctor's haunted survival is upended by a precocious patient, a needy teenage girl, who forms a father-daughter relationship with him. As a new Stalinist threat takes shape, these unlikely soulmates discover in each other a reason to go on.

**Registration required by Sept. 12 at
12 noon to receive links:**

https://lp.constantcontactpages.com/su/zE1mR8b/Remained?source_id=89c1deb4-94b2-4cc6-99dc-620561da0f66&

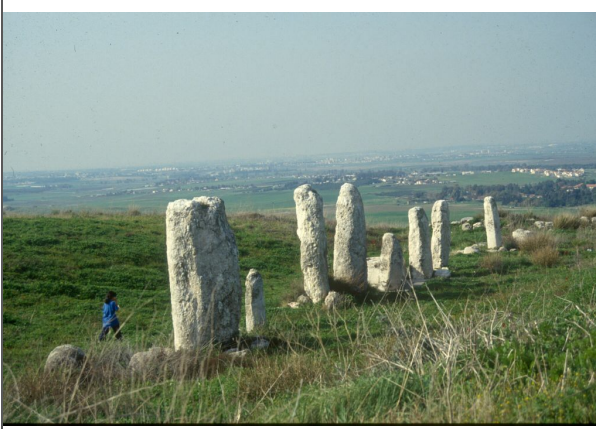


Selichot, Together - Statewide Selichot Services **Saturday, September 12th at 8 PM**

Here is an opportunity to pray and prepare our hearts for the High Holidays. This service, led by Rabbi Carolyn Braun (Temple Beth El, Portland), Rabbi Sruli Dresdner (Temple Shalom, Auburn), and Rabbi Bill Siemers (Beth Israel, Bangor), will give us an opportunity to pray, sing, and reflect as we move into the last week of Elul.

Register for the Zoom link at:

<https://colbycollegejewishlife.regfox.com/selichot-program>



Virtual Trip to Israel: Tel Gezer - Where Bible meets history and archeology.
Presented by Congregation Bet Ha'am
Sunday, September 13th at 12:30 PM

Last month, Israeli tour guide Yoram Preminger took us up the Tel (Hebrew for mound or hill) to see the top of Hiriya Park. This month he guides us from one Tel to another to Tel Gezer. Today it looks totally desolate, but over 3,000 years ago, Gezer was a major Canaanite center. It was situated on an extremely strategic spot, above a coastal byway that serviced traders, warriors, and travelers for thousands of years. King Solomon rebuilt it and turned it into one of his main fortified cities. Archaeologists have been uncovering its turbulent history ever since.

Click [HERE](#) to register for the program.



A Family High Holiday Experience
With Cantor Sheila Nesis

Presented by the
Center for Small Town Jewish Life
Friday, September 25th, 6:00 - 6:30 PM

Led by Cantor Sheila Nesis, we will share in a moment of meaning, music, joy, and connection! This service is not an adult service; this service is not a children's service. This experience is for parents, children, adults, grandparents, and all those who wish to find a way to share in an intergenerational moment of connection. Feel free to invite grandparents or other extended family members who do not live close to you! A good New Year starts with connection, and screens won't stop us from creating that bond!

Register for the Zoom link:
<https://colbycollegejewishlife.regfox.com/family-high-holiday-experience>

AROUND THE JEWISH WORLD

TRADITION IN THE KITCHEN:
FREE 1-Week Virtual High Holiday
Cooking School

From the Temple
Emanuel Streicker Center, NY

Ready for a change from kugel? Want to experiment with exciting new recipes? A dream team of Jewish culinary experts will coach you through each step of your High Holiday meal in this four-part cooking series that will take the *tsoris* out of the *tzimmes* and delight your guests with a

SEPTEMBER
10



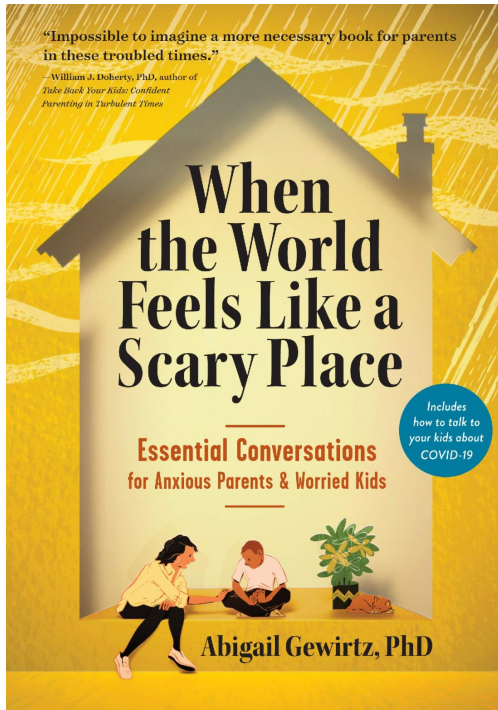
CLAIRE
SAFFITZ
THE SWEET
TASTES OF THE
NEW YEAR



different side of Jewish cooking. Click on classes (in blue below) to register.

[CLAIRE SAFFITZ: THE SWEET TASTES OF THE NEW YEAR](#) - Thurs, Sept. 10th at 11 AM

[A VIRTUAL WINE TASTING TO ENLIVEN THE HOLIDAYS](#) - Friday, Sept. 11th at 11 AM



When the World Feels Like a Scary Place: Essential Conversations for Anxious Parents & Worried Kids
A Zoom discussion with author and child psychologist Dr. Abigail Gewirtz
Presented by the Albuquerque JCC
Sunday, Sept. 13th at 2:00 PM
Tickets: \$5/individual; \$8/couple.

Bringing solutions to a problem that is only going to get worse—how bad things happening in the world affect us and our children, and how we can raise engaged and confident kids in spite of them.

To register and for information about purchasing the book, visit <https://tickets.holdmyticket.com/>

Please indicate that you are from the JCA - Portland Maine community.



**INTERACTIVE TASCHLIKH
ATLAS: CAST OFF YOUR SINS**
A virtual High Holiday project presented by JAarts Boston and Asylum Arts

In Tashlikh Atlas, visitors are encouraged to reflect on the things they wish to let go of for the new year, both personally and socially. The website will determine visitors' geographic location and invite them to virtually "cast off" a short text to a nearby body of water. Visitors can explore bodies of water around the world to see all contributions. The accumulated content will be viewable online through the end of Sukkot and will then be washed away.

Visit <https://tashlikhatlas.com/> to post your reflection and to explore posts from people around the world.

J ALL DAY



[Part Time Teaching Positions](#)

The JCA of Southern Maine is looking for part-time help for both preschool and elementary-aged programs this school year. Flexible schedules available.

<https://www.mainejewish.org/about/employmentopportunities/j-all-day-part-time-teacher/>

[Looking For Donations!](#)



Our 'J All Day' program will serve elementary age (K-5) kids who are in hybrid public school programs this fall. If you have gently used books, games, LEGO's or other educational toys, we are seeking donations! Please contact cdc@mainejewish.org and we can arrange pickup/dropoff, and thank you!

1342 Congress St. Portland, ME 04102 | 207-772-1959
Website: www.mainejewish.org | email: jca@mainejewish.org



Jewish Community Alliance | (207) 772-1959, 1342 Congress Street, Portland, ME 04102

[Unsubscribe_gleckman@mindspring.com](mailto:unsubscribe_gleckman@mindspring.com)

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